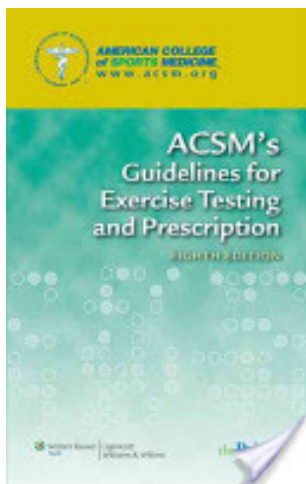


# ACSM's Guidelines For Exercise Testing And Prescription

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Author: American College of Sports Medicine

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